



Healing Oils of the Bible: Sacred Fragrances of the Tanach

Tuesday May 17 7-9 p.m.

**Where: 1811 R Street, NW - 2 blocks NE of Dupont Circle N metro
At the National Museum of American Jewish Military History**

**"...I will betake me to the
hill of frankincense..."**



**mount of myrrh, to the
-- The Song of Songs 4:6**

From Exodus to Psalms to the Song of Songs, the Jewish Bible is infused with tantalizing fragrances of incense, aromatic offerings, and spices. The holy anointing oils of Exodus, frankincense of the Leviticus, and aloes, myrrh, and spikenard of The Song of Songs offer clues to how our ancestors interacted with their environment and the many ways they found to connect with the sacred.

Come to this engaging, experiential class to find out:

- **What was the significance of fragrant herbs and spices in Biblical times?**
- **What exactly constituted the holy anointing oils?**
- **Why does the Bible refer to them as the "oils of gladness"?**
- **What has modern science learned about their multiple qualities, from spiritual, to antibiotic to antiseptic and anti-cancerous?**
- **And, most important: *What did they actually smell like?***

You will never read the Bible in the same way again!

(*For persons sensitive to smells: In this class we will be using 100% natural, organic, therapeutic-grade essential oils. These typically produce no negative side-effects, even in those allergic to pollen or synthetic fragrances. However, please make the decision that's best for you.)

Izabella Tabarovsky is a Healing Touch practitioner, clinical aromatherapist, and life path / career path coach. She is on staff at the Washington Cancer Institute and is a founding partner at Soapstone Integrative Health Associates. She teaches frequently on the subjects of holistic health and wellness. For more information, please visit www.izabellatabarovsky.com.

JSC and JWV members \$25; non-members \$30 (This fee includes \$5 to cover cost of materials.)

Register through our website - www.jewishstudycenter.org or at the door.

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