

# Drawing on the Power Within: Achieve a Life of Energy, Effortless Prosperity, and Purpose

**FREE, 45-minute individual, in-person coaching sessions with Izabella Tabarovsky, CEC**

Exclusive, **ONE-TIME offer** only to clients of Anya's Spa

**Tuesday, August 5 and Wednesday, August 6**  
at Anya's spa, 5 Meriam Street, Lexington, MA

- **Have you wondered lately why you do what you do for a living?**
- **Are you feeling lost, drained, in need of creative energy and direction?**
- **Do you feel that there is more to life but don't really know what it is and how to get there?**
- **Do you long for a life of balance and fulfillment but can't seem to attain it?**
- **Are you feeling as if life is passing you by while you are waiting for that something special to come along to engage with life fully?**
- **Do you wonder what it might be like to have a professional life coach support you and guide you as you work to create a life that you *really* want?**

Life coaching is rapidly becoming a-must for those seeking to get to the optimal level in their lives. Yet, many people have limited understanding of what coaching can do for them.

**Come discover how coaching can help YOU get to the next stage in your life.**



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**Izabella Tabarovsky**, founder of **Project Creative Vision**, is a Washington, DC-based Career Strategist and Life Designer who helps clients rediscover their authentic selves and create the lives of vitality, prosperity and purpose.

Izabella helps clients create lasting change from within. She empowers them to take a pro-active approach to their lives and follow their internal wisdom to achieve extraordinary results in their lives. She incorporates spiritual awareness into her coaching and believes that the most successful lives and careers are those that allow us to express fully who we are in the world.

Izabella is a graduate of Harvard University and IPEC, the leading coach training school in the U.S. She is an advanced Iyengar yoga and meditation practitioner and has studied yoga with Patricia Walden and John Schumacher since 2000. She is part of a holistic health and spiritual community in Washington, DC.

To learn more and schedule your free, in-person coaching session with Izabella during her two-day visit at Anya's Spa, please email [izabella@projectcreativevision.com](mailto:izabella@projectcreativevision.com) or call 202-378-3041. Contact her at any time to schedule a complimentary telephone consultation. Please visit [www.ProjectCreativeVision.com](http://www.ProjectCreativeVision.com) to learn more about Izabella's coaching and how it can benefit you.

## Client Testimonials

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**From Maureen L. Barrie, President, *Pulled Together*  
Marblehead, MA**

"I've had the great pleasure of knowing Izabella for the last ten years and the better fortune of having reconnected with her just recently in her role of life coach. The timing was no coincidence as I had just suffered an unexpected upheaval in my work situation. It was clear that Izabella had something of enormous value to offer me on my career path - an authenticity that comes from having searched and found her own life's passion and purpose.

My sessions with her were revelatory. Izabella has an extraordinary way of listening, not just to your words, but to your soul. I felt as though we were partners, exploring territory sensitive and not a little frightening but ultimately filled with possibilities. Her presence is absolute, her communication wonderfully spontaneous and her laugh - highly contagious.

The experience of working with Izabella has left me with the confidence to use my particular talents in pursuit of not just a new a career - but a way of being in the wider world. Thanks so much, Izabella!"

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**From Kori LePore  
Mount Vernon, NY**

"I wanted to share my thoughts with you on what I thought about using your coaching services. I REALLY enjoyed working with you. I learned so much about myself in such a short amount of time. Myers-Briggs hit the nail on the head for me. I enjoyed learning more about my personality traits, and how some of the stronger skills can be put to better use in my next career. I can totally see now why I am drained and miserable where I am.

Your supportive nature, personalized everything - from emails, to packages, to phone calls and assignments - made the experience a special one. I just want to say THANK YOU!! You can be proud of yourself, because - look - I'm your client, and I am on the path to pursuing my dream! It would have NEVER EVER materialized without your guidance. I hope that I can use your services again sometime soon, or can pass the gift to someone else. "

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**From Marina G.  
Cambridge, MA**

"I loved working with Izabella. She is one of the most inspiring people I have ever met. Her coaching sessions are very empowering. Most importantly, I was amazed at how quickly one can achieve desired results with her help."

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**From Mark Leventhal, President, *Leventhal Weight Loss Incorporated*  
Washington, DC**

"Izabella is a great coach. She is definitely the John Wooden of executive/corporate coaching. She is an outstanding listener. I found her coaching and support to be extremely valuable. As a business owner, I found Izabella's uncanny ability to make me think, ponder, and analyze issues and scenarios to be a great asset to my productivity. I strongly and vigorously recommend Izabella to every business owner and entrepreneur."